

## **Oestrus synchronization and reproductive performance under different protocols in anoestrus dairy goats**

**Akar Y.<sup>1</sup>, Yüksel M.<sup>2</sup> and Ograk Y.Z.<sup>3</sup>**

<sup>1</sup>Department of Obstetrics and Gynaecology, Faculty of Veterinary Medicine, University of Erciyes, Kayseri, Turkey; <sup>2</sup>Department of Obstetrics and Gynaecology, Faculty of Veterinary Medicine, University of Cumhuriyet, Sivas, Turkey; <sup>3</sup>Department of Animal Breeding and Husbandry, Faculty of Veterinary Medicine, University of Cumhuriyet, Sivas, Turkey

### **Abstract**

The aim of the study was to evaluate the effects of different progestagens on oestrus synchronization and the effects of vitamin mix (A, D<sub>3</sub> and E) and GnRH singly or in combination on the fertility parameters in anoestrus dairy goats. The animals (n=186) were divided into three groups. One group was injected with 20 mg fluorogeston acetate, second received 60 mg medroxyprogesterone acetate and third was treated with 3 mg Norgestomet. The goats which showed oestrus with these applications were further mated naturally. For this purpose, the goats were divided into four subgroups. The control goats received 2 ml NaCl, second group was treated with vitamins (150,000 IU D<sub>3</sub>, 1,000,000 IU A and 100 mg E) immediately after mating, third group was treated with GnRH on the 12th day after mating and the fourth group received the combination of vitamins and GnRH. The oestrus rate and the interval to oestrus were found to be higher ( $P<0.05$ ) in experimental goats treated with Norgestomet. There were no statistically significant differences between the subgroups in terms of the pregnancy rate, abortion rate, gestation length, twins rate and litter size ( $P>0.05$ ). In conclusion, the short term applications of FGA, MAP and Norgestomet successfully induced oestrus in anoestrus dairy goats successfully. However, the vitamins and GnRH administrations post-mating did not improve the fertility parameters.

**Keywords:** Estrus; vitamin; GnRH; fertility; goat

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### **Introduction**

Goats are amongst the most fertile of the domestic species, with conception rates in the range of 90%. Much of the world's goat population is found in the less industrialized parts of the world, predominantly in the rural areas of the tropical and subtropical zones with nutritionally unfavourable conditions (Holtz, 2005). The goat stock in Turkey in 2012 is around 7,277,953 heads (FAO, 2012). In Turkey where goat rearing is common in the highlands and forestland, goat breeding is done in about 500 farm business and this contributes to the income of nearly 3 million people (Dellal and Dellal, 2005; Akar, 2013). Diverse strategies of breeding management have been developed to meet the supply needs and expectations of consumers, since both

meat and milk industries are subjected to growing demands for year-round production (Fatet et al., 2011).

Goats are spontaneously ovulating and seasonal polyoestrous animals. The onset and length of the breeding season is dependent on various factors such as latitude, climate, breed, light, physiological stage, presence of the male, breeding system and the specific photoperiod (Du Preez et al., 2001; Delgadillo et al., 2002; Fatet et al., 2011). Oestrus cycle control in goats serves the purpose of synchronizing oestrus in groups of animals to be bred or inseminated at a particular time or inducing out-of-season oestrus (Holtz, 2005). The stimulation of oestrus in non-breeding season can be achieved with hormonal treatments, manipulation of the photoperiod or by the male effect (Whitley and Jackson, 2004; Fatet et al., 2011; Abecia et al., 2012).

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**\*Corresponding author:** Akar Y., Department of Obstetrics and Gynaecology, Faculty of Veterinary Medicine, University of Erciyes, Kayseri, Turkey

For the control of the oestrus cycle, progesterone or one of its synthetic analogues is preferred. The most widely used method utilizes fluorogestone acetate (FGA) or medroxyprogesterone acetate (MAP) or Y-shaped silicone-coated devices (CIDR). Vaginal sponges are combined with injections of eCG (equine chorionic gonadotrophin) and an analogue of prostaglandin (cloprostenol) is performed at the end or 48 h before sponge removal. As an alternative progestagen, the highly potent synthetic progestagen norgestomet may be inserted under the skin on the upper side of the ear (Fatet et al., 2011). Oestrus response and fertility vary greatly when intravaginal sponges are applied, dependent on species, breed, co-treatment, management, and mating system (Wildevus, 1999).

Two researchers groups (Uslu and Gülyüz, 2009; Serin et al., 2010) have investigated the effects of GnRH injection after intravaginal sponge, CIDR-G and ear implant application in coloured Mohair and Saanen goats during early anoestrus and breeding season and concluded that GnRH injection had no effect on fertility. Prosperi et al. (2006) reported that the administration of hCG (250 IU) on the third day after oestrus did not affect the pregnancy rate in dairy goats. However, Cam and Kuran (2004) showed that application of GnRH on the 12th day post-mating in goats during the breeding season increased kidding and twin birth rates. Sönmez et al. (2009) reported that vitamin E injection was important in terms of increasing the number of multiple births and the prolificacy rate.

The aim of the study was to evaluate the effects of fluorogestone acetate (FGA), medroxyprogesterone acetate (MAP) and Norgestomet on the oestrus induction and interval to oestrus in anoestrus dairy goats. The second goal of the study was to determine the effects of vitamins mixture (A, D<sub>3</sub> and E) and buserelin acetate on fertility parameters of the oestrus goats.

## Materials and Methods

### Location and animals

This study was carried out using 186 anoestrus dairy goats (Kilis and Damascus breed) with an average age of 3.11 years and average of live weight 42.76 kg in a commercial farm at Kahramanmaraş city in Turkey. The goats on the farm were kept in a free sheepfold with adequate space and shelter. The animals were reared freely on pasture for approximately 6 h daily both in the morning and in the afternoon. Additionally, goats were fed a balanced commercial concentrate (200 g/head/day). Water and mineral salts were provided *ad libitum*. Kahramanmaraş is located at latitude of 27° 11'N and 38° 36'N, and longitude of 36° 15'E and 37° 42'E, at an altitude of 568 m. It has a mild climate, with cold and rainy winters and hot and dry summers.

The ice cream from goat's milk is intensively produced in Kahramanmaraş, Turkey.

### Experimental design

All goats were divided into three main experimental groups. In first group, all goats (n:62) received intravaginal sponges with 20 mg fluorogeston acetate (Chronogest CR, Intervet, Istanbul) for 7 days, plus 500 IU equine chorionic gonadotrophin (Gonaser 5,000 IU, Intervet, Istanbul) i.m and 75 µg d-cloprostenol (Gestavet Prost, Hipra, Istanbul) i.m at the time of sponge removal. In second group, all goats (n:62) received intravaginal sponges with 60 mg medroxyprogesterone acetate (Esponjavet, Hipra, Istanbul) for 7 days, plus 500 IU eCG (i.m) and 75 µg d-cloprostenol (i.m) at the time of sponge removal. In third group, all goats (n:62) received ear implant with 3 mg Norgestomet (Crestar SO, Intervet, Istanbul) on the upper side of the left ear for 7 days, plus 500 IU eCG (i.m) and 75 µg d-cloprostenol (i.m) at the time of implant removal.

All bucks (n:10) were separated from the flock before the start of the study. Later, the bucks were again introduced back to the flock immediately after sponge and implant removal. The animals were monitored four times daily (05:00, 10:00, 15.00 and 20:00 h for 30 min) for oestrus signs. The oestrus signs observed were searching for the male, restlessness, vocalization, frequent urination, tailing, contraction, hyperaemia and oedema of the vulva, vaginal mucous discharge, and immobility on mounting, which is a characteristic considered as the onset of oestrus. Oestrus detection was carried out using mature bucks at 5 h intervals. Goats in oestrus were allowed to be mated by the bucks and the dates of mating were recorded.

All goats expressed oestrus in the three experiments were again divided into four subgroups (control, vitamin, GnRH and vitamin+GnRH). The control group received 2 ml NaCl (i.m) immediately post mating; the vitamin group received 150,000 IU D<sub>3</sub>, 1,000,000 IU A and 100 mg E vitamin (Hipravit AD<sub>3</sub>E, Hipra, Istanbul) mixture (i.m) immediately post mating; the GnRH group received 4 µg buserelin acetate (Receptal, Intervet, Istanbul) i.m on the 12th day post mating; the Vitamin+GnRH group combined the vitamin and GnRH applications with the same dose and timing. Pregnancy diagnosis was performed by B-Mode Real Time transrectal ultrasonography with a 5-7.5 MHz probe, 35 days after mating. Termination of pregnancy before 130 days was described as abortion. After parturition, the number of foetuses and gestation length were recorded.

### Fertility parameters

The following parameters were recorded:

Oestrus response: number of females in oestrus/number of total female ×100;

Interval to oestrus: time from sponge removal and first mounting acceptance;

Pregnancy rate: number of pregnant females/number of mated female  $\times 100$ ;

Abortion rate: number of aborted females/number of pregnant female  $\times 100$ ;

Gestation length: interval (days) from mating to parturition;

Twin birth rate: number of twin parturition females/all parturition female  $\times 100$ ;

Litter size: average number of foetus born per female.

### Statistical analysis

Oestrus response, pregnancy rate, abortion rate, twin birth rate and litter size were analyzed using the Chi-square test. Interval to oestrus and gestation length were statistically analyzed with analysis of variance (ANOVA) using SPSS 14.00 package program (SPSS Inc., Chicago, IL.).

**Table 1: Oestrus rate and interval to oestrus in goats in the three experimental groups**

Groups	N	Oestrus rate		Oestrus interval	
		n	%	N	Hour
Group I	62	55	88.7 <sup>b</sup>	55	26.01 <sup>b</sup>
Group II	62	62	100.0 <sup>a</sup>	62	32.35 <sup>a</sup>
Group III	62	59	95.2 <sup>a</sup>	59	32.32 <sup>a</sup>
Average	186	176	94.7	176	30.20

The values within the same column with different superscripts are significantly different ( $P < 0.05$ )

Group1: 20 mg Fluorogeston acetate

Group2: 60 mg Medroxyprogesterone acetate

Group3: 3 mg Norgestomet

## Results and Discussion

In the present study, oestrus synchronization with FGA, MAP and norgestomet in anoestrus dairy goats was successfully induced. The results revealed that oestrus rate was 88.7, 100.0 and 95.2% in the FGA, MAP and norgestomet treatments, respectively (Table 1). There were significant differences ( $P < 0.05$ ) between groups, and the average was 95%. These results are in agreement with other authors (Romano, 2004; Fonseca et al., 2005; Husein et al., 2005; Bitaraf et al., 2007; Dogan et al., 2008; Özer and Doğruer, 2011). The response obtained in our experiments was higher than

the 83% reported by Fonseca and Torres (2005) and the 80% reported by Karaca et al. (2009).

In this study, the interval to oestrus following progestagen withdrawal was 26.01, 32.35 and 32.32 h in the FGA, MAP and norgestomet synchronization, respectively. These values showed significant differences ( $P < 0.05$ ) compared to the experimental groups, and the average was 30.20 h. These are similar to the findings of Fonseca and Torres (2005) and Husein et al. (2005). However, this interval is longer than the reported value of Bitaraf et al. (2007), Dogan et al. (2008) and Özer and Doğruer (2011). The interval is shorter than reported by Romano (2004) and Fonseca et al. (2005). These contradictions may be due to breed, nutrition and seasonal differences.

Pregnancy rates are generally lower following synchronization than natural oestrus (Fonseca and Torres, 2005; Fernandez-Moro et al., 2008). The reduction in pregnancy rate in induced oestrus may be the result of deficient synthesis and secretion of progesterone (Fonseca and Torres, 2005). In this study, the pregnancy rate was similar and the average was 32.95% among the subgroups. These results are in agreement with that of Dogan et al. (2008). However, they were generally lower than reported elsewhere (Romano, 2004; Husein et al., 2005; Bitaraf et al., 2007; Karaca et al., 2009; Özer and Doğruer, 2011).

The incidence of abortions was 3.5% for dairy goats in the study of Mellado et al. (2006). Mellado et al. (2004) reported that the abortion rate in goats under extensive conditions was 15.2%. Goats with the thinnest, sub-nutritional levels, primiparaous, polled, low blood serum Ca and high blood serum urea levels under extensive conditions had a high abortion rate (Mellado et al., 2004). In this study, the abortion rate was higher and the average was 52.63% among the subgroups. It was higher than that of reported by Mellado et al., (2004) and Mellado et al., (2006). The high rate of abortion in the present study was unclear.

In the present study, gestation length was almost similar between the subgroups. These parameters are similar to the reported values of Fonseca and Torres (2005), Husein et al. (2005) and Bitaraf et al. (2007). This interval in the present study was within the normal range.

**Table 2: Reproductive parameters in the control, vitamins, GnRH and Vit.+GnRH subgroups**

Groups	Pregnancy rate		Abortion rate		Gestation length		Twin birth rate		Litter size	
	N	%	N	%	N	Day	N	%	N	%
Control	43	37.21	16	37.50	10	148.20	10	50.00	10	1.50
Vitamins	45	40.00	18	50.00	9	148.00	9	44.44	9	1.44
GnRH	45	28.89	13	61.54	5	148.60	5	40.00	5	1.40
Vit.+GnRH	43	25.58	10	70.00	3	147.67	3	33.33	3	1.33
Total/average	176	32.95	57	52.63	27	148.15	27	44.44	27	1.44

The values in the all groups are not significantly different ( $P > 0.05$ ).

The rate of single and multiples births in goats varies depending on breed parity number, season, and environmental conditions (Holtz, 2005; Mellado et al., 2006). The twin birth rate was no different ( $P>0.05$ ) and the average was 44.44% among the subgroups in this study. It was lower than reported by Husein et al., (2005).

In this study, litter size was similar and the average was 1.44 among the subgroups. It was close to the values reported by Bitaraf et al. (2007). However, it was lower than the values of 1.9 reported by Husein et al. (2005). It was higher than the values of 1.2 reported by Fonseca and Torres (2005).

Two research groups (Uslu and Gülyüz, 2009; Serin et al., 2010) reported that GnRH injection after synchronization had no significant effect on fertility. Prosperi et al. (2006) reported that the administration of hCG on the third day after oestrus did not affect the pregnancy rate in dairy goats. However, Cam and Kuran (2004) showed that kidding and twin birth rates in goats treated with GnRH on day 12 post-mating was higher than control. Ceylan et al. (2007) reported that the low concentrations of vitamins E, A and beta-carotene may have some effects on reproductive problems such as repeat breeding and anoestrus. Sönmez et al. (2009) investigated the effect of vitamin E treatment (200 mg) in goats and found that this vitamin is important in increasing the number of multiple births and prolificacy rate. In the current study, the application of vitamins alone or in combination with GnRH did not improve the fertility parameters in the current study. These results are in agreement with those of Prosperi et al. (2006), Uslu and Gülyüz (2009) and Serin et al. (2010). However, the results are in disagreement with those of Cam and Kuran (2004) and Sönmez et al. (2009).

## Conclusion

According to the results of the current study, the short term applications of different progestagens in anoestrus dairy goats successfully induced them to estrus. The oestrus rate was 100% and 95% in the MAP and Norgestomet synchronization, respectively. The interval to onset of estrus in the FGA (26.01 h) synchronization was shorter than in MAP and Norgestomet. Pregnancy rate in the subgroups were low and it was on average 33%. The abortion rate was high and it was on average 53% among the subgroups. The gestation lengths in the subgroups were similar and it was 148 days on average. Additionally, GnRH and vitamin administrations post-mating did not improve the fertility parameters.

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